

Endoscopic Transaxillary Augmentation Mammoplasty Jean Marie Magnien

Endoscopic Transaxillary Augmentation Mammoplasty (ETAM) is a minimally invasive surgical technique that is used to augment the breasts. The procedure is performed through a small incision in the armpit, and it uses an endoscope (a thin, lighted tube) to visualize the surgical site. ETAM offers a number of advantages over traditional breast augmentation techniques, including reduced scarring, less pain, and a shorter recovery time.



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by Jean-Marie Magnien

★★★★★ 5 out of 5

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Benefits of ETAM

- **Reduced scarring:** ETAM is performed through a small incision in the armpit, which results in a scar that is less noticeable than the scar from a traditional breast augmentation.
- **Less pain:** ETAM is a less invasive procedure than traditional breast augmentation, which means that it is associated with less pain.

- **Shorter recovery time:** ETAM patients typically recover more quickly than patients who have undergone traditional breast augmentation.

Risks of ETAM

As with any surgical procedure, there are some risks associated with ETAM. These risks include:

- **Bleeding:** Bleeding is a risk of any surgery, and it is possible to experience bleeding during or after ETAM.
- **Infection:** Infection is another risk of any surgery, and it is possible to develop an infection at the surgical site after ETAM.
- **Seroma:** A seroma is a collection of fluid that can form at the surgical site after ETAM. Seromas are typically harmless, but they can be uncomfortable and may require drainage.
- **Hematoma:** A hematoma is a collection of blood that can form at the surgical site after ETAM. Hematomas are typically harmless, but they can be painful and may require drainage.
- **Capsular contracture:** Capsular contracture is a condition that can occur after any breast augmentation procedure, including ETAM. Capsular contracture occurs when the scar tissue around the breast implant becomes hard and tight, which can cause the breast to become misshapen or painful.

Recovery from ETAM

The recovery from ETAM is typically shorter than the recovery from traditional breast augmentation. Most patients are able to return to work and their normal activities within a few days of surgery. However, it is

important to follow your doctor's instructions carefully during the recovery process.

Who is a good candidate for ETAM?

ETAM is a good option for women who want to augment their breasts but are concerned about scarring or pain. The procedure is also a good option for women who have had previous breast surgery, such as a mastectomy or lumpectomy.

How to find a qualified ETAM surgeon

It is important to find a qualified and experienced surgeon to perform your ETAM procedure. You can ask your doctor for a referral, or you can search for a surgeon who specializes in ETAM.

ETAM is a safe and effective procedure for augmenting the breasts. The procedure offers a number of advantages over traditional breast augmentation techniques, including reduced scarring, less pain, and a shorter recovery time. If you are considering breast augmentation, be sure to talk to your doctor about ETAM.



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