

Handbook for Wellbeing Policy Making: A Comprehensive Guide to Creating Sustainable, Equitable, and Thriving Communities

Wellbeing is a complex and multifaceted concept that encompasses a wide range of factors, including physical health, mental health, social relationships, environmental conditions, and economic security. Creating policies that promote wellbeing requires a comprehensive and holistic approach that considers all of these factors and their interconnections.

This handbook provides a step-by-step guide to developing and implementing evidence-based wellbeing policies. It is designed for policymakers, practitioners, and researchers who are committed to creating sustainable, equitable, and thriving communities.



A Handbook for Wellbeing Policy-Making: History, Theory, Measurement, Implementation, and Examples

by Paul Frijters

★★★★★ 5 out of 5

Language : German

File size : 84269 KB

Print length : 185 pages

Lending : Enabled



Chapter 1: Understanding Wellbeing

This chapter provides an overview of wellbeing and its key dimensions. It discusses the different factors that contribute to wellbeing and the importance of considering both objective and subjective measures of wellbeing.

Chapter 2: The Wellbeing Policy Cycle

This chapter describes the six key stages of the wellbeing policy cycle: agenda setting, policy formulation, policy implementation, policy monitoring, policy evaluation, and policy revision.

Chapter 3: Data and Indicators for Wellbeing Policy Making

This chapter provides guidance on how to collect and use data and indicators to inform wellbeing policy making. It discusses the different types of data and indicators that can be used, as well as the strengths and weaknesses of each type.

Chapter 4: Evidence-Based Policy Making for Wellbeing

This chapter explains how to use evidence to inform wellbeing policy making. It discusses the different types of evidence that can be used, as well as the importance of considering the quality and relevance of the evidence.

Chapter 5: Implementing Wellbeing Policies

This chapter provides practical guidance on how to implement wellbeing policies. It discusses the importance of engaging stakeholders, developing a clear implementation plan, and monitoring the progress of implementation.

Chapter 6: Evaluating the Impact of Wellbeing Policies

This chapter provides guidance on how to evaluate the impact of wellbeing policies. It discusses the different types of evaluation methods that can be used, as well as the importance of using a mix of qualitative and quantitative methods.

Chapter 7: Policy Coherence and Integration for Wellbeing

This chapter discusses the importance of policy coherence and integration for wellbeing. It explains how to ensure that different policies are working together to promote wellbeing and avoid unintended consequences.

Chapter 8: Advocacy and Communications for Wellbeing Policy Making

This chapter provides guidance on how to advocate for and communicate about wellbeing policy making. It discusses the importance of building support for wellbeing policies and communicating their benefits to the public.

This handbook provides a comprehensive guide to developing and implementing evidence-based wellbeing policies. By following the steps outlined in this handbook, policymakers, practitioners, and researchers can create policies that promote sustainable, equitable, and thriving communities.

References

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