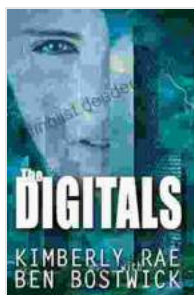


# How Can She Escape a World That's Not Real?

**In a world where reality is constantly being questioned, one woman must find a way to escape a world that is not real.**

Alice has always felt like an outsider. She never quite fit in with the other kids at school, and she always felt like there was something missing in her life. When she was 16 years old, she met a man who told her that he could show her the real world. He took her to a place called Wonderland, where everything was different from the world she knew.



## The Digitals: How Can She ESCAPE a World That's Not Real? by Kimberly Rae

★★★★☆ 4.6 out of 5

Language	: English
File size	: 4161 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 303 pages
Lending	: Enabled



In Wonderland, Alice met all sorts of strange and wonderful creatures. There was the White Rabbit, the Mad Hatter, and the Cheshire Cat. She also met the Queen of Hearts, who was a cruel and heartless ruler. Alice quickly realized that Wonderland was not a place where she wanted to be.

It was a place where logic and reason did not exist, and where anything was possible.

Alice tried to escape Wonderland, but she couldn't find a way out. She was trapped in a world that was not real, and she didn't know how to get back to her own world.

One day, Alice met a wise old caterpillar who told her that the only way to escape Wonderland was to wake up. Alice didn't know what he meant, but she knew that she had to try.

Alice closed her eyes and concentrated on waking up. She felt herself drifting away from Wonderland, and she slowly opened her eyes.

Alice was back in her own world. She was lying in her bed, and the sun was shining through the window. She got out of bed and went to the window. She looked out at the world, and she smiled.

Alice had finally escaped the world that was not real. She was back in her own world, and she was happy to be home.

### **Here are some tips for escaping a world that is not real:**

- **Recognize that the world you are in is not real.** This may seem like an obvious step, but it is important to be aware of the fact that you are in a world that is not real. Once you recognize this, you can start to take steps to escape.
- **Find a way to wake up.** This may be the most difficult step, but it is also the most important. In order to escape a world that is not real, you

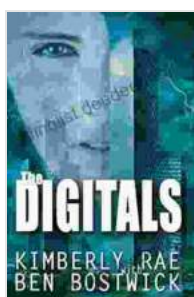
need to wake up from the dream. This may require some effort on your part, but it is possible.

- **Seek help from others.** If you are struggling to escape a world that is not real, don't be afraid to seek help from others. There are people who can help you wake up from the dream and return to reality.

Escaping a world that is not real can be a difficult and challenging process, but it is possible. With the right help and support, you can wake up from the dream and return to reality.

### **Additional Resources:**

- Mind: About Dissociation
- Mayo Clinic: Depersonalization-Derealization Disorder
- NAMI: Dissociative Disorders



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