# Nasoseptal Perforations Endoscopic Repair Techniques: A Comprehensive Guide

Nasoseptal perforations are holes in the nasal septum, the wall of cartilage and bone that separates the two nasal cavities. These perforations can be caused by a variety of factors, including trauma, surgery, and chronic inflammation. They can lead to a number of symptoms, including nasal congestion, crusting, and bleeding. In some cases, they can also cause difficulty breathing and speech problems.

The most common cause of nasoseptal perforations is trauma. This can occur during surgery, such as a septoplasty or rhinoplasty. It can also occur as a result of a facial injury, such as a blow to the nose.

Other causes of nasoseptal perforations include:



#### Nasoseptal Perforations: Endoscopic Repair

**Techniques** by Jan Fröhlich

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- Chronic inflammation: This can be caused by a variety of conditions, such as allergies, sinusitis, and smoking.
- Drug use: Cocaine use can damage the nasal septum and lead to perforations.
- Intubation: The insertion of a breathing tube into the nose can cause pressure on the nasal septum and lead to perforations.
- Radiation therapy: This can damage the tissue of the nasal septum and lead to perforations.

The symptoms of nasoseptal perforations can vary depending on the size and location of the perforation. Small perforations may not cause any symptoms at all. Larger perforations can cause a number of symptoms, including:

- Nasal congestion
- Crusting and bleeding
- Difficulty breathing
- Speech problems
- Whistling sound when breathing
- Nosebleeds
- Facial pain

Nasoseptal perforations can be diagnosed with a physical examination. The doctor will look for a hole in the nasal septum. They may also use a nasal endoscope to get a better view of the perforation.

The treatment for nasoseptal perforations will depend on the size and location of the perforation, as well as the patient's overall health. Small perforations may not require any treatment. Larger perforations may need to be repaired with surgery.

There are a number of different endoscopic repair techniques that can be used to close nasoseptal perforations. These techniques vary in their complexity and success rates. The best technique for a particular patient will depend on the size and location of the perforation, as well as the patient's overall health.

Some of the most common endoscopic repair techniques include:

- **Flap repair:** This involves creating a flap of tissue from the nasal septum or from the turbinates (the small bones inside the nose) and using it to cover the perforation.
- Graft repair: This involves taking a piece of tissue from another part of the body, such as the ear or the thigh, and using it to cover the perforation.
- Staple repair: This involves using small staples to close the perforation.
- Laser repair: This involves using a laser to seal the perforation.

The success rate of endoscopic repair techniques varies depending on the size and location of the perforation, as well as the patient's overall health. In general, the success rate for small perforations is higher than the success rate for large perforations.

Nasoseptal perforations are holes in the nasal septum that can be caused by a variety of factors. These perforations can lead to a number of symptoms, including nasal congestion, crusting, and bleeding. In some cases, they can also cause difficulty breathing and speech problems. There are a number of different endoscopic repair techniques that can be used to close nasoseptal perforations. The best technique for a particular patient will depend on the size and location of the perforation, as well as the patient's overall health.



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