# Preparation For The FRCS ORL-HNS Oxford Higher Specialty Training: A Comprehensive Guide

The FRCS ORL-HNS Oxford Higher Specialty Training program is a highly competitive and prestigious training program for aspiring otolaryngologists. The selection process is rigorous and candidates must be well-prepared in order to succeed.



### Viva Training in ENT: Preparation for the FRCS (ORL-HNS) (Oxford Higher Specialty Training)

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This article provides a comprehensive guide to help candidates prepare for the FRCS ORL-HNS Oxford Higher Specialty Training program. We will cover everything from developing a strong portfolio to preparing for the written exam and excelling in the interview.

#### **Developing a Strong Portfolio**

Your portfolio is one of the most important aspects of your application. It is a chance to showcase your skills and experience, and to demonstrate your commitment to a career in otolaryngology.

When developing your portfolio, you should focus on including high-quality evidence of your achievements. This could include:

- Research publications
- Conference presentations
- Clinical audits
- Teaching experience
- Leadership roles

You should also make sure that your portfolio is well-organized and easy to navigate. The assessors will be looking for evidence of your skills and experience, so make it easy for them to find what they are looking for.

#### **Preparing for the Written Exam**

The FRCS ORL-HNS written exam is a challenging exam that covers a wide range of topics in otolaryngology. The exam is divided into two parts:

- Part A: Multiple choice questions
- Part B: Extended matching questions

In order to prepare for the written exam, you should start by reviewing the syllabus. This will give you a good idea of the topics that will be covered on the exam.

Once you have reviewed the syllabus, you can start to develop a study plan. You should focus on understanding the key concepts in each topic.

You can use textbooks, journal articles, and online resources to help you with your studies.

It is also important to practice taking timed exams. This will help you to get used to the format of the exam and to manage your time effectively.

#### **Excelling in the Interview**

The interview is your chance to make a personal impression on the assessors. The assessors will be looking for evidence of your skills, experience, and commitment to a career in otolaryngology.

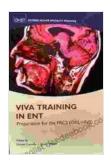
In order to prepare for the interview, you should start by practicing your answers to common interview questions. You should also dress professionally and arrive on time for your interview.

During the interview, you should be yourself and answer the questions honestly. The assessors will be able to tell if you are being genuine, so it is important to be yourself.

You should also be prepared to ask the assessors questions. This shows that you are interested in the program and that you are taking the interview seriously.

Preparing for the FRCS ORL-HNS Oxford Higher Specialty Training program is a challenging but rewarding process. By following the tips in this article, you can increase your chances of success in the selection process.

We wish you all the best in your preparation.



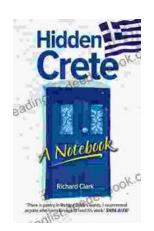
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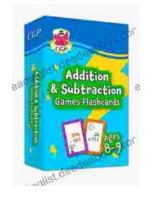


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